



Many people, even late in life, find out that they have rarely taken an active role in determining the direction of their life. People get into the practice of taking the next thing that comes along, simply letting the next stage of our lives find us. We can improve and gain skills over an entire lifetime only to find that the place we have arrived is not where we wanted to be.

Life Logic Workshop builds on the life experience from the author of the book “Inner Logic – Engineering Your Life”. It is designed to help people who are transitioning into their careers understand how to positively design their own path in order to determine where they want to be by engineering the best version of themselves. We will cover these topics and more.

- Determining a path for your life – What is a path and what questions should we ask ourselves to proactively create a positive approach to our own life’s path
- Processes that lead us to success – What are the most common items that the most successful people add into their lives in order to create the successful outcomes.
- Enjoying the things on our path to success – We will review this key aspect of life and understand that if we set up a way to enjoy the process that leads to an end result, the result becomes secondary.

This workshop will give participants a few valuable tools for self-evaluation through which they will find insights that are pivotal to the interworking of our minds. Though each of us take a different path through life, there are milestones that are predictable everyone can be expected to experience. However, these experiences are totally new to us when they occur because they only happen once in our lifetime. We help people prepare for those milestone events that each of us will inevitably have.

The process of life engineering is designed not only to get through the unknown and undesirable portions of life, but to use those times to jumpstart the next phase of your life beyond expectations.

We, as people, often feel uneasy when we cannot resolve why we feel, act, or progress on a certain direction through life. When we do not understand what got us to a place, or situation; or the reason we feel a certain way, we feel confused. We can often feel unresolved or even helpless at these times. Then, when we have moments of great resolve, it is because we gain an understanding of some aspect of ourselves. Logic and understanding are the things that bring us peace – thus the logic of life.

Inner Logic – Engineering Your Life

Our founder’s latest book, about creating the most effective and successful version of yourself, is available on Amazon. Stop by our site at logiccentralonline.com to register for your free copy.

Coffee with Chris (CWC) – Podcast

These shorter podcast audio clips offer a wisdom or tip of the day. Many of which are the result of candid coffee shop Q & A conversations. They are released a few times a week and designed to be digested during that morning commute into work or on your mid-day coffee break.

Informational blog post

Several staff and guest writers contributors to blog post several times a week on a logical thought, tip, or interesting tip to aid in self-improvement. Please feel free to add comments or ask questions in this forum to be answered by some of our deeply thinking staff members or by other community members.

Building a community

Our objective is to bring logical, rationally minded people together into a community of mindful people. Whether you are seeking advice, or would like to be a mentor, come join our community and become a part of something truly wonderful.